

# RESTAURANT HELLENA



**GREEK AND INTERNATIONAL SPECIALITIES  
RESTAURANT**

**AACHENER STRASSE 60 • 41812 ERKELENZ  
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**WWW.RESTAURANT-HELLENA.DE**



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**INSTAGRAM@RESTAURANTHELLENA**

# Dear Guests,

we personally give you a warm welcome and wish you a pleasant stay in our restaurant!

Our kitchen surprises you with a variety of appetizers, fresh fish, succulent meat from the grill and many other specialities.

Look forward to a special culinary experience!

Some menus are various creations from our kitchen, others belong to international cuisine or are prepared according to classic recipes.

## Festive Occasions

No matter which occasions, whether **wedding days, birthdays, jubilees or another special festive day of one's life**, we really offer you the perfect frame for every occasion for up to 80 persons.

If you decide to have your festivity at home, we offer you a catering service.

If requested, chafing dish to keep your food warm are provided by us for free.

We accept ec-cards and credit cards.



All dishes are also available to take away.  
Reservations for up to 80 persons.



Allow us to advise you without engagement.

**Your Restaurant Hellena-Team**

## Opening Hours

Tuesday - Sunday hot food

from 11.30 to 14.00 h and from 17.00 to 22.00 h (at least)

Sunday and public holidays hot food

from 11.30 to 14.00 h and from 17.00 to 22.00 h (at least)

**MONDAY DAY OFF**

# Popular Dishes and Menu Offers

## Appetizers

- 1 **Surprise Plate**<sup>2,4,8,C,D,G,M</sup> 17,90  
a variety of warm and cold appetizers, for 2 persons
- 3 **Grape Leaves**<sup>C</sup> 6,90  
warm, filled with rice and mince
- 23 **DIP Trilogy** 8,90  
Tzatziki, Tarama, Ktipiti olives and hot peppers
- 42 **Saganaki**<sup>A,Ab,C</sup> 6,90  
feta in crispy breading

## Main Dishes

- 55 **Metaxa Dish**<sup>C</sup> 14,90  
Gyros, Bifteki, metaxa sauce, served with fries
- 59 **Dimis-Mix**<sup>C</sup> 16,90  
Gyros, Souvlaki and Bifteki, with tzatziki, served with rice and fries
- 62 **Hellena Dish** 17,90  
Gyros, Souvlaki, Suzuki and Liver, served with rice and fries, a filled grape leave and tzatziki as an appetizer
- 75 **Metaxa-Gyros Plate** 14,90  
Gyros with metaxa sauce, grated with cheese, served with fries
- 77 **Hellena-Gyros Plate**<sup>2,3,4</sup> 14,90  
Gyros with bell pepper-onion cream sauce, served with fries
- 78 **Farmer's Spit** 16,90  
filet on a spit with melted herb butter, bell peppers and onions, served with rice and fries

- 93 **Chicken Breast Fillet**<sup>M</sup> 13,90  
filled with spinach, tomato and feta, served on top of wine sauce, with small potatoes
- 111 **Rhodos Dish (for 2 persons)**<sup>C</sup> 41,90  
2 Souvlaki, 2 Suzuki, 2 Schnitzel, 2 pieces of liver and Gyros, with tzatziki and greek farmer's salad, served with rice and fries
- 114 **Hellena-Special-Dish**<sup>L,M</sup> p.P. 28,00  
Enjoy culinary delights! First begin with an aperitif and spicy appetizers, then following a dish with a variety of delicious meat types from our grill, served with rice, fries and tzatziki. Look forward to the greek yoghurt with honey, orange zest and walnuts as a dessert. For at least 2 persons.

- 133 **Saganaki Meli** 11,90  
feta in crispy breading on top of tomatoes, with walnuts and honey
- 140 **Lamb Knuckle** 15,90  
with Stifado (sweet onions)
- 145 **Braised Beef** 16,90  
with Stifado (sweet onions)
- 164 **Fish Plate**<sup>8,A,B,D,P</sup> 24,90  
kalamares, hake filet out of the pan and 2 king prawns in garlic sauce, with greek farmer's salad

## Dessert

- 206 **Chocolate Love** 7,00  
warm chocolate cakelet with liquid centre, vanilla ice cream with whipped cream and hot cherries
- 209 **Galaktobouriko**<sup>A</sup> 6,00  
warm housemade greek cake, with vanilla ice cream and whipped cream
- Metaxa\*\*\*\*\* flambé** 3,90



## Aperitifs

<b>Ouzo</b>	<b>2,50</b>
<b>Ouzo</b> with ice water	<b>3,00</b>
<b>Rouzo</b> (sweet)	<b>3,00</b>
<b>Tsipouro</b>	<b>3,00</b>
<b>Ouzo</b> with a fig	<b>4,50</b>
<b>Martini</b> bianco	<b>3,00</b>
<b>Banana Liqueur</b>	<b>3,00</b>
<b>Aperol Spritz</b> <sup>3,10</sup>	<b>6,50</b>

## Appetizers

<b>1 Surprise Plate</b> <sup>1,2,4,8,C,D,G,M</sup>	<b>17,90</b>
a variety of warm and cold appetizers, for 2 persons	
<b>2 Meeze Plate</b> <sup>1,2,4,8,G,M</sup>	<b>17,90</b>
for 2 persons two different sorts of cheese, boiled ham, prosciutto, hot pepper, tomatoes and olives	
<b>3 Grape Leaf</b> <sup>C</sup>	<b>6,90</b>
warm, filled with rice and meat	
<b>4 Tzatziki</b> <sup>G</sup>	<b>4,00</b>
a famous greek dish, consisting of yogurt with cucumber and garlic	
<b>5 Tarama</b> <sup>D</sup>	<b>5,90</b>
greek creme of caviar	
<b>6 White-Red Bean Salad</b>	<b>3,90</b>
<b>7 Hot Peppers and Olives</b> <sup>2,4,8,M</sup>	<b>4,90</b>
<b>8 Prawn Meat</b> <sup>B,C,G,K</sup>	<b>5,40</b>
greek style	

## Delicacies

<b>19 Fried Aubergine</b> <sup>A,AB,C</sup>	<b>6,90</b>
in a pastry crust, with tomato-garlic sauce	
<b>20 Fried Zucchini</b>	<b>6,90</b>
with tomato-garlic sauce	
<b>21 Snails</b> <sup>G,P</sup>	<b>5,90</b>
in herb butter	
<b>22 Snails</b> <sup>G,P</sup>	<b>6,90</b>
greek style, grated	
<b>23 DIP Trilogy</b>	<b>8,90</b>
Tzatziki, Tarama, Ktipiti Olives & hot peppers	
<b>24 Gambas in a shell</b> <sup>B</sup>	<b>5,90</b>
with garlic sauce (2 gambas)	
<b>26 Kalamari Salad</b> <sup>P</sup>	<b>7,90</b>
squid, greek style	
<b>27 Mussels</b> <sup>G,P</sup>	<b>8,90</b>
greek style, with tomato-garlic-bell pepper sauce and feta	
<b>28 Sardines</b> <sup>D</sup> fried	<b>8,90</b>

## Soups

<b>956 Chicken soup</b>	<b>4,40</b>
<b>957 Onion soup</b> <sup>G,J</sup>	<b>4,40</b>
grated with cheese	
<b>959 Tomato soup</b> <sup>A,G</sup>	<b>4,40</b>

These dishes are served with bread.

All prices in euro incl. legal value added tax and service.



## Salads

- 9 **Farmer's Salad**<sup>8,M</sup> 9,90  
green salad, coleslaw, cucumbers, tomatoes, olives, hot peppers and feta with cocktail dressing
- 10 **Chicken Salad** 12,90  
warm chicken fingers, cucumbers, tomatoes, bell peppers, seasonal salad with honey-mustard dressing
- 11 **Greek Feta Salad** 9,90  
green salad, coleslaw, cucumbers, tomatoes, bell peppers, hot peppers, olives and feta with vinegar and oil
- 12 **Prawn Salad**<sup>B</sup> 12,90  
seasonal salad with prawns, cucumbers, tomatoes, Parmesan and honey-mustard dressing
- 14 **Gyros Salad**<sup>M</sup> 12,90  
green salad with Gyros, tomatoes, cucumbers, hot peppers and coleslaw, with vinegar and oil
- 15 **Pardalo Salad**<sup>1</sup> 12,90  
tomatoes, cucumbers, bell peppers, green salad, carrots, warm chicken fingers and cocktail dressing
- 17 **Coleslaw** 2,90
- 18 **Little Mixed Salad (side dish)** 2,90

## Side Dishes

- 29 **Rice** 3,30
- 30 **Fries** 3,30
- 31 **Potato Croquettes**<sup>A</sup> 3,30
- 32 **Sliced Potatoes** fried 3,30
- 34 **Gigantes** Greek Beans 4,90
- 35 **Baked Potato**<sup>G</sup> 4,90  
from the oven, with tzatziki
- 37 **Small Potatoes** from the pan 3,90
- 39 **Herb Butter with Bread**<sup>A,G</sup> 4,90

## Sauces<sup>G</sup>

- 949 **Bell Pepper Cream Sauce**<sup>2,3,4</sup> 2,90
- 950 **Mushroom Sauce**<sup>2,4,C</sup> 2,90
- 951 **Metaxa Sauce** 2,90
- 952 **Pepper Sauce**<sup>A</sup> 2,90
- 953 **Wine Sauce**<sup>M</sup> 2,90
- 954 **Sauce Béarnaise**<sup>G,J</sup> 2,90

## Cheese Specialities<sup>G</sup>

- 40 **Feta**<sup>H</sup> 5,90  
with onions and bread
- 41 **Mediterranean cheese** 6,90  
feta from the oven, with hot peppers, olives, tomatoes and tomato sauce
- 42 **Saganaki**<sup>A,Ab,C</sup> 6,90  
fried feta in crispy coating
- 43 **Ktipiti** 5,90  
spicy feta cream with bell peppers

These dishes are served with bread.

## Main Dishes from the Grill<sup>7,G,J</sup>

44	<b>Souvlaki</b> 2 meat skewers with tzatziki, served with rice and fries	11,90	53	<b>Volos-Plate<sup>P</sup></b> 3 lamb chops with kalamares and tzatziki, served with rice and fries	18,90
45	<b>Gyros</b> meat cut into strips, with tzatziki, served with rice and fries	11,90	54	<b>Keftedakia</b> minceballs in metaxa sauce, served with fries	12,90
46	<b>Suzukia<sup>C</sup></b> mince with tzatziki, served with rice and fries	11,90	55	<b>Metaxa-Plate<sup>C</sup></b> Gyros, Bifteki, metaxa Sauce, served with fries	14,90
47	<b>Bifteki<sup>C</sup></b> mince filled with feta, served with tzatziki, rice and fries	13,90	56	<b>Gyros-Plate</b> Souvlaki and Gyros, with tzatziki, served with rice and fries	13,90
48	<b>Grilled Liver</b> with tzatziki, optional with fresh onions or fried onions, served with rice and fries	11,90	57	<b>Ouzo-Plate<sup>C</sup></b> Gyros, Souvlaki and 2 Suzuki, with tzatziki, served with rice and fries	15,90
49	<b>Liver (cut into strips)</b> out of the pan, with a mushroom- tomato-onion sauce, served with fries	13,90	58	<b>Artemis-Plate</b> Gyros, 2 Suzuki and liver, with tzatziki, served with rice and fries	14,90
50	<b>Schnitzel Greek Style</b> pork steak with tzatziki, served with rice and fries	14,90	59	<b>Dimis-Mix<sup>C</sup></b> Gyros, Souvlaki and Bifteki, with tzatziki, served with rice and fries	16,90
51	<b>Bifteki<sup>C</sup></b> mince filled with feta, with a mediterranean tomato sauce, grated with cheese, served with fries	15,90			
142	<b>Lamb Chop</b> 5 lamb chops, with small potatoes and tzatziki	18,90			

These dishes are served with a side salad with cocktail sauce or oil-vinegar dressing.<sup>2,3,4,C,K</sup>

## Main Dishes from the Grill<sup>7,G,J</sup>

61	<b>Special Plate<sup>c</sup></b> 1 lamb chop, 2 greek Schnitzel, Suzuki and feta, with tzatziki, served with rice and fries	16,90	70	<b>Athena Plate<sup>c</sup></b> Bifteki and 2 livers, with tzatziki, served with rice and fries	12,90
62	<b>Hellena Plate</b> Gyros, Souvlaki, Suzuki and Liver, served with rice and fries, a filled grape leaf and tzatziki as an appetizer	17,90	71	<b>Village Plate</b> Souvlaki, liver and Gyros, with beans and tzatziki	15,90
63	<b>Poseidon Plate</b> Gyros, Filet and pork steak, with tzatziki, served with rice and fries	15,90	72	<b>Delphi Plate</b> 1 lamb chop, Souvlaki and Gyros, with tzatziki, served with rice and fries	14,90
64	<b>Grill Plate</b> Suzuki, Souvlaki, lamb chop, greek Schnitzel and liver, with tzatziki, served with rice and fries	16,90	73	<b>Santorini Plate</b> 2 Suzuki and Gyros, with a bell pepper sauce, served with fries	14,90
65	<b>Kreta Plate</b> Gyros, 2 livers, with tzatziki, served with rice and fries	13,90	74	<b>Alexander Plate</b> pork steak and Gyros, with tzatziki, served with rice and fries	14,90
66	<b>Saloniki Plate</b> Gyros, pork steak, with Sauce Béarnaise, served with fries	14,90	75	<b>Metaxa-Gyros Plate</b> Gyros with metaxa sauce, grated with cheese, served with fries	14,90
67	<b>Surf'n'Turf</b> 2 medaillons of pork and 2 Scampi skewers, served with rice	18,90	76	<b>Mushroom-Gyros Plate<sup>2,4,C</sup></b> Gyros with mushroom-tomato-onion sauce and grated with cheese, served with fries	14,90
68	<b>Kosta Plate</b> 2 Suzuki and Gyros, with tzatziki, served with rice and fries	13,90	77	<b>Hellena-Gyros Plate<sup>2,3,4</sup></b> Gyros with bell pepper-onion cream sauce, served with fries	14,90
69	<b>Leonidas Plate</b> Gyros, Keftedakia (small meatballs), with pepper sauce, served with fries	14,90			

These dishes are served with a side salad with cocktail sauce or oil-vinegar dressing.<sup>2,3,4,C,K</sup>



## International Dishes<sup>7,G,J</sup>

78	<b>Farmer's Spit</b> filet on a spit with melted herb butter bell peppers and onions, served with fries	16,90	88	<b>Pork Filet</b> <sup>2,3,4</sup> with mushroom-tomato-onion sauce, served with fries	14,90
79	<b>Farmer's Spit</b> <sup>2,3,4</sup> filet on a spit, with bell peppers and onions, with pepper sauce and fries	16,90	89	<b>Chicken Spits</b> 2 chicken breast filet spits, with a sauce of your choice, served with fries	13,90
80	<b>„The Eye of Cyclops“<sup>C</sup></b> pork steak with a fried egg, mushroom-tomato cream sauce served with fries	13,90	90	<b>Chicken Breast Filet</b> <sup>A,C,J</sup> with mushrooms and Sauce Béarnaise, served with fries	12,90
81	<b>Village Spit</b> lamb spit with beans and tzatziki	19,90	91	<b>Chicken (cutted in stripes)</b> <sup>2,3,4</sup> with bell pepper-onion cream sauce, served with fries	12,90
82	<b>Lamb Filet</b> with tzatziki, served with rice and fries	19,90	92	<b>Chicken Breast</b> <sup>A,C,J</sup> with broccoli and Sauce Béarnaise, served with fries	12,90
83	<b>Lamb Filet</b> <sup>2,3,4</sup> with pepper sauce and sliced potatoes	19,90	93	<b>Chicken Breast Filet</b> <sup>M</sup> filled with spinach, tomato and feta, served with wine sauce and small potatoes	13,90
84	<b>Lamb Filet</b> in a cream sauce with bell peppers and onions, served with sliced potatoes	19,90	94	<b>Medaillons of Pork</b> <sup>M</sup> with pepper sauce, served with , fries	15,90
85	<b>Pork Steak</b> <sup>2,4,M</sup> <b>Greek Style</b> filled with feta, hot peppers, tomatoes and wine sauce, served with fries	16,90	95	<b>Mode du Chef</b> <sup>M</sup> medaillons of pork, mushroom-wine sauce, served with fries	15,90
86	<b>Filet of Pork</b> <sup>2,4,M</sup> <b>Greek Style</b> filled with feta, hot peppers, tomatoes and wine sauce, served with fries	18,90	96	<b>Filet of Pork</b> with metaxa sauce, served with fries	15,90
87	<b>Keftes</b> <sup>1,2,A,C</sup> coated mince steak, with ham, mushroom cream sauce and grated with cheese, served with fries	14,90	97	<b>Medaillons of Pork</b> <sup>A,C,J</sup> with Sauce Béarnaise, served with fries	15,90

These dishes are served with a side salad with cocktail sauce or oil-vinegar dressing.<sup>2,3,4,C,K</sup>

## For the Small Guests

(A side salad doesn't belong to these dishes.)

101	<b>Robber Plate</b> Steal food from your parent's plate!	0,00	105	<b>Spaghetti<sup>A,C</sup></b> with tomato sauce	6,00
102	<b>Arielle<sup>D</sup></b> fish sticks with fries	7,00	106	<b>Snow White</b> Schnitzel (natur) and fries	7,00
103	<b>Pizza Margherita<sup>A,C,G</sup></b> with tomato sauce and cheese	7,00	107	<b>Bratrolle<sup>1,2,7</sup></b> with fries	6,00
104	<b>Pumuckl<sup>7,J</sup></b> Gyros and fries	7,00	108	<b>Chicken Nuggets<sup>1,A,C</sup></b> with fries	7,00

## Vegetarian Dishes<sup>G</sup>

131	<b>Livadia-Plate<sup>A,AB,C</sup></b> filled bell peppers and tomatoes, with rice, broccoli, fried eggplant and zucchini	14,90	134	<b>Mushroom-Vegetable-Plate</b> mushrooms, bell peppers, broccoli, zucchini und Sauce Béarnaise, grated with cheese	13,90
132	<b>Limeri-Plate</b> feta with baked potato	11,90	136	<b>Omelette<sup>C</sup></b> optional with mushrooms, feta or tomatoes	6,90
133	<b>Saganaki Meli</b> feta coated in crispy breading on top of tomatoes, with walnuts and honey	11,90		<b>each additional ingredient</b>	+1,00

## Delicacies for Two Persons<sup>7,8,G,J</sup>

109	<b>Lamb Chops</b> 10 lamb chops with tzatziki and a greek farmer's salad, served with rice and fries	37,90	111	<b>Rhodos-Dish<sup>C</sup></b> 2 Souvlaki, 2 Suzuki, 2 Schnitzel, 2 pieces of liver and Gyros, with tzatziki and greek farmer's salad, served with rice and fries	41,90
110	<b>Beef-Mix<sup>A,C</sup></b> rump steaks, fillets of beef, Sauce Beárnaise, sliced potatoes, herb butter and greek farmer's salad	54,90	116	<b>Corfu-Dish</b> 2 Schnitzel, 2 chicken breast filet, 2 Bifteki and Gyros, with tzatziki and greek farmer's salad, served with rice and fries	43,90

## Delicacies for Four Persons<sup>7,G,J</sup>

112	<b>Mykonos-Plate<sup>C</sup></b> 4 lamb chops, 4 Souvlaki, 4 Suzuki and Gyros, with tzatziki, served with rice and fries	74,90	114	<b>Hellena-Special-Plate<sup>L,M</sup> p.P.</b> Enjoy culinary delights! First begin with an aperitif and spicy appetizers, then following a dish with a variety of delicious meat types from our grill, served with rice, fries and tzatziki. Look forward to the greek yoghurt with honey, orange zest and walnuts as a dessert. For at least 2 persons.	28,00
113	<b>Nausa-Plate<sup>C,M</sup></b> 4 Schnitzel, 4 Suzuki, 4 Souvlaki, 4 pieces of liver, Gyros, with tzatziki, served with rice and fries, and a bottle of „Nausa“, dry red wine	74,90			

These dishes are served with a side salad with cocktail sauce or oil-vinegar dressing.<sup>2,3,4,C,K</sup>

## Beef<sup>G</sup> Delicate Steaks and Filets (250 g)

115	<b>Rump Steak</b>	21,90
	with herb butter and fried onions, served with a baked potato and tzatziki	
117	<b>Rump Steak</b> <sup>2,3,4</sup>	21,90
	with pepper sauce, served with a baked potato and tzatziki	
119	<b>Rump Steak</b> <sup>J,K,L</sup>	21,90
	with Sauce Béarnaise and small potatoes	
120	<b>Steak Plate Metaxa</b>	31,90
	1 rump steak, 1 filet of beef, 1 pork steak, served with a baked potato, tzatziki and fried onions	

## Schnitzel<sup>A,C</sup> Pork, breaded

121	<b>Schnitzel</b> <sup>2,3,4</sup>	13,90
	with bell pepper sauce, served with fries	
122	<b>Schnitzel</b> <sup>2,3,4</sup>	13,90
	with pepper sauce, served with fries	
123	<b>Schnitzel</b> <sup>J,K,L</sup>	13,90
	with Sauce Béarnaise, served with fries	
125	<b>Schnitzel</b> <sup>G</sup>	13,90
	with cream sauce and fried onions, served with fries	

## Traditional Local Food (Magiremena) from the Oven

### Lamb

137	<b>Lamb Knuckle</b>	15,90
	with beans	
138	<b>Lamb Knuckle</b> <sup>A,C</sup>	15,90
	with kritharaki (rice noodles)	
140	<b>Lamb Knuckle</b>	15,90
	with Stifado (sweet onions)	
141	<b>Lamb Knuckle</b>	15,90
	with potatoes	

### Braised Beef

143	<b>Braised Beef</b> <sup>A,C</sup>	16,90
	with kritharaki (rice noodles)	
144	<b>Braised Beef</b>	16,90
	with potatoes	
145	<b>Braised Beef</b>	16,90
	with Stifado (sweet onions)	
146	<b>Braised Beef</b>	16,90
	with beans	

These dishes are served with a side salad with cocktail sauce or oil-vinegar dressing.<sup>2,3,4,C,K</sup>



## Spaghetti

<b>N1 Spaghetti Aglio olio Greek style</b>	<b>10,90</b>	<b>N3 Spaghetti Spicy Scampi</b>	<b>14,90</b>
spaghetti in olive-chili oil with garlic, tomatoes and feta		spaghetti in a sweet-savory garlic sauce with prawns, crab meat and feta	
<b>N2 Spaghetti Bolognese</b>	<b>10,90</b>	<b>N4 Spaghetti Gyros</b>	<b>12,90</b>
spaghetti with minced meat sauce		spaghetti in bell pepper-onion cream sauce with gyros	

## Penne Pasta

<b>N5 Penne Hellena</b>	<b>10,90</b>
penne with spinach, feta and walnuts	
<b>N6 Penne with vegetables</b>	<b>10,90</b>
penne in tomato sauce with spinach, bell peppers, mushrooms and zucchini	
<b>N7 Penne Béarnaise</b>	<b>12,90</b>
penne with chicken and broccoli, in Sauce Béarnaise	

## Rice Noodles

<b>N8 Mediterrane Kritharakis</b>	<b>10,90</b>
rice noodles from the oven, in a white wine cream sauce, with olives, hot peppers, feta and zucchini	
<b>N9 Kritharakis</b>	<b>9,90</b>
rice noodles with feta	

These dishes are served with a side salad.  
We will be please to serve you freshly grated parmesan.

## Overview of Additives Subject to Marking

1 with phosphate  
2 with preservatives  
3 with dye

4 with sweetener  
5 with phenylalanine  
6 with antioxidant

7 with flavor ehancer  
8 sulfurated  
9 caffeinated  
10 with quinine

## Overview of Allergens

### Glutenous Crop

A wheat  
Aa rye  
Ab barley  
Ac oat  
Ad dinkel wheat  
Ae kamut

B crustacea  
C eggs  
D fish  
E peanuts  
F soja  
G milk, lactose  
J celery  
K mustard seed  
L sesame seed  
M sulfite  
O lupine  
P molluscs

### Edible Nuts

H almonds  
Ha hazelnuts  
Hb walnuts  
Hc cashew  
Hd pecan nut  
He brazil nut  
Hf pistachios  
Hg macadamia nut

## Fish

158	<b>Kalamares</b> <sup>A,G,P</sup> greek style, prepared in the pan, with tzatziki and greek feta salad	15,90	167	<b>Redfish Filet</b> <sup>A,C,D,K</sup> with remoulade, served with sliced potatoes and salad	15,90
160	<b>Sardines and Kalamares</b> <sup>A,D,P</sup> served with small potatoes and salad	15,90	168	<b>Trout</b> <sup>A,D</sup> served with rice and salad	16,90
161	<b>Gambas</b> <sup>B,G</sup> with garlic sauce, served with a baked potato filled with tzatziki and salad	18,90	169	<b>2 Scampi on a spit</b> <sup>B,G</sup> served with rice and salad	15,90
162	<b>Kalamares Plate</b> <sup>A,D,P</sup> Kalamares and hake filet, served with sliced potatoes	19,90	170	<b>1 Scampi on a spit and Hake Filet</b> <sup>A,B,D</sup> with garlic sauce, served with broccoli, spinach and salad	17,90
163	<b>Hake Filet</b> <sup>A,D</sup> with sliced potatoes and salad	16,90	171	<b>Kalamares and Shrimps</b> <sup>A,D,G</sup> <b>from the oven</b> with cream dill sauce, sliced potatoes and salad	16,90
164	<b>Fish Plate</b> <sup>8,A,B,D,P</sup> Kalamares, hake filet out of the pan and 2 king prawns in garlic sauce, with greek farmer's salad	24,90	172	<b>Gilthead</b> <sup>A,D,G</sup> with garlic sauce, baked potato filled with tzatziki and salad	22,90
165	<b>Fish Plate</b> <sup>8,A,B,D,P</sup> - for 2 persons Kalamares, hake filet and 4 Gambas, with farmer's salad	49,90	173	<b>Grilled Sole</b> <sup>A,D,G</sup> served with a baked potato filled with tzatziki and salad	Price on Request
166	<b>Salmon Filet</b> <sup>A,C,D,G,K</sup> with remoulade, served with a baked potato filled with tzatziki and salad	15,90			

These dishes are served with a side salad with cocktail sauce or oil-vinegar dressing.<sup>2,3,4,C,K</sup>

## Dessert<sup>3,G</sup>

200	<b>Mixed ice cream</b>	3,50	206	<b>Chocolate Love</b> warm chocolate cakelet with liquid centre, vanilla ice cream with whipped cream and hot cherries	7,00
201	<b>Mixed ice cream</b> with whipped cream	4,00			
203	<b>Dame Blanche</b> vanilla ice cream with warm chocolate sauce	5,00	207	<b>Kids Ice Cream</b> vanilla ice cream, with smarties and ice cream cone	2,50
204	<b>Hot Cherry</b> vanilla ice cream with hot cherries	5,00	208	<b>Greek Yoghurt</b> <sup>Hb</sup> with honey, orange peel and walnuts	5,00
205	<b>Chocolate Dream</b> warm chocolate cakelet with liquid centre, vanilla ice cream and whipped cream	6,00	209	<b>Galaktobouriko</b> <sup>A</sup> warm housemade greek cake, with vanilla ice cream and whipped cream	6,00

## Hot Drinks

Coffee <sup>9</sup>	2,40
Cappuccino <sup>9,G</sup>	3,00
Greek Mocha <sup>9</sup>	3,00
Tea	2,90
Hot Chocolate <sup>G</sup> with cream	3,00
Milky Coffee <sup>9,G</sup>	3,40
Espresso <sup>9</sup>	2,20
Espresso Macchiato <sup>9,G</sup>	2,50

## Soft Drinks

			in the beer garden 0,3l
Gerolsteiner Soda	0,2 l	2,10	2,80
Gerolsteiner Soda	btl. 0,7 l	6,20	
Gerolsteiner Still	btl. 1 l	7,50	
Cola <sup>3,9</sup> Zero <sup>3,4,5,9</sup> Light <sup>3,4,5,9</sup>	0,2 l	2,20	2,90
Fanta <sup>3</sup>	0,2 l	2,20	2,90
Sprite	0,2 l	2,20	2,90
Ice Tea	0,4 l	3,90	
(Mango-Passionfruit, wild cherry, pomegranate)			
Bitter Lemon <sup>10</sup>	0,2 l	2,60	3,50
Malt Beer <sup>AB</sup>	0,2 l	2,60	3,50
Ginger Ale	0,2 l	2,60	3,50
Apple Spritzer	0,3 l	2,90	

## Juice and Nectar

Orange Juice	btl. 0,2 l	2,50
Apple Juice	btl. 0,2 l	2,40
Cherry Nectar	btl. 0,2 l	2,50
Banana Juice	btl. 0,2 l	2,50
KiBa	0,4 l	4,90
Tropical <sup>3,G</sup>		4,90
vanilla ice cream, with orange juice and whipped cream		

## Beer<sup>AB</sup>

			in the beer garden 0,3l
Bitburger Pils	0,25 l	2,60	2,90
Bolten Alt	0,25 l	2,60	2,90
Bitburger 0,0 % alcohol-free	btl. 0,33 l	3,00	
Wheat Beer / alcohol-free	btl. 0,5 l	4,40	

## Recommendations

Metaxa <sup>*****</sup>	3,00
Metaxa <sup>*****</sup> flambé	3,90
Metaxa 7 years old	4,00
Hugo	6,90
Cocktail Hellena includes ouzo	6,90
Cocktail Cherry Lady with vodka and cherries	6,90

## Spirits

Malteserkreuz	2 cl	3,00
Aquavit	2 cl	3,00
Korn	2 cl	2,50
Fernet Branca	2 cl	3,00
Wodka	2 cl	3,00
43er Likör (mit Milch)	0,2 l	4,90
Gin	2 cl	3,00
Sambuca	2 cl	3,00
Baileys Irish-Cream	2 cl	3,00
Bacardi	2 cl	3,50
Jägermeister	2 cl	3,00
Asbach Uralt	2 cl	3,50
Mariacorn	2 cl	3,00
Whisky	2 cl	4,50
Averna	2 cl	3,00
Grappa	2 cl	4,50
Ramazotti	2 cl	3,00
Underberg	2 cl	3,00
Krumme	2 cl	2,50
Kabänes	2 cl	3,00



## Open Red Wines

Glas 0,2 l Karaffe 0,5l

<b>Imiglikos</b> semisweet	4,90	9,90
<b>Demestika</b> dry	4,90	9,90
<b>Mavrodafni</b> sweet liqueur wine, rosé, mild	5,10	9,90

## Open White Wines

<b>Imiglikos</b> semisweet	4,90	9,90
<b>Demestika</b> dry	4,90	9,90
<b>Retsina</b> dry, exuded resin	4,90	9,90
<b>Samos Weiß</b> sweet liqueur wine	5,10	9,90

## Open Rosé

<b>Rosé</b> semisweet	4,90	9,90
<b>Rosé</b> dry	4,90	9,90

## Bottled Wine - Red

<b>Demestika</b> dry	17,90
<b>Imiglikos</b> semisweet	17,90
<b>Mavrodafni</b> sweet liqueur wine, rosé, mild	19,90
<b>Rosé</b> mild	17,90
<b>Nausa</b> Tsajitali, dry	18,90

<b>Carbarnet Sauvignon QW</b> dry	21,90
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## Bottled Wine - White

<b>Demestika</b> dry	17,90
<b>Retsina</b> white, exuded resin	17,90
<b>Samos</b> sweet	19,90
<b>Imiglikos</b> semisweet	17,90
<b>Sauvignon Blanc QW</b> dry	21,90

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## Lunch Menu



<b>M01</b>	<b>Original Greek Salad</b> with cucumbers, tomatoes, feta, olives, onions, oil-vinegar dressing	<b>8,90</b>
<b>M02</b>	<b>Baguette</b> with gyros, tomatoes, feta, onions, metaxa sauce and grated with cheese	<b>8,90</b>
<b>M03</b>	<b>Omelette</b> optional with mushrooms, feta or tomatoes	<b>6,90</b>
<b>M04</b>	<b>Baked Potato</b> with tzatziki, salad with baked chicken breast	<b>8,90</b>
<b>M05</b>	<b>Spaghetti</b> with a mushroom-cream sauce	<b>8,90</b>
<b>M06</b>	<b>Filled Baked Potato</b> with vegetables and grated with feta, served with sour creme without garlic	<b>8,90</b>
<b>M07</b>	<b>Filled Bell Pepper</b> with minced meat, in a tomato sauce, with rice	<b>9,90</b>
<b>M08</b>	<b>Chicken Strips</b> with vegetables, rice and an onion cream sauce	<b>9,90</b>
<b>M09</b>	<b>Greek Curry Sausage</b> served with coleslaw and fries	<b>8,90</b>
<b>M10</b>	<b>Pork Schnitzel</b> Wiener Style, served with fried potatoes	<b>9,90</b>
<b>M11</b>	<b>Small Gyros</b> with fries	<b>8,90</b>
<b>M12</b>	<b>Small Kosta</b> with Suzuki, Souvlaki, Gyros and rice	<b>9,90</b>

These dishes are served with a side salad with cocktail sauce or oil-vinegar dressing.<sup>2,3,4,C,K</sup>

At midday all dishes of the regular menu are offered as small servings at a reduced price.

# RESTAURANT HELLENA

